

Contact Info

urbansitter

Find, book, and pay trusted babysitters



About our family

Parent's name	Phone	Communication preferences (text me, call me, etc.)
Parent's name	Phone	Communication preferences (text me, call me, etc.)
Child's name	Birthdate (age)	Notes (allergies, school info, etc.)
Child's name	Birthdate (age)	Notes (allergies, school info, etc.)
Child's name	Birthdate (age)	Notes (allergies, school info, etc.)



Emergency contacts

Name	Phone	Relationship to our family
Name	Phone	Relationship to our family
Name	Phone	Relationship to our family
Name	Phone	Relationship to our family
Name	Phone	Relationship to our family

911 Emergency plans

Please call 911 in the case of any fire or a life-threatening emergency.

In the event of a disaster, meet here



Medical info

Insurance provider and phone #

Children's doctor and phone #

Book all your babysitters on UrbanSitter for access to support 7 days a week

Daily Report

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Today's date _____

Your name _____



Mood

- cheerful content
 fussy sleepy
 other: _____



Meals and snacks

- ate: _____ at: _____
 all gone! ate some
- ate: _____ at: _____
 all gone! ate some
- ate: _____ at: _____
 all gone! ate some
- ate: _____ at: _____
 all gone! ate some



Special notes

Injuries? Concerns? Funny quotes?



Bedtime and naps

- slept from: _____ to: _____
 rested from: _____ to: _____
 not tired



Activities

Notes



Diapering or potty

Notes

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House Rules

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Meals and snacks

What meals to prepare? Snacks? Food allergies?



Bedtime and naps

Times for bed? Nighttime routine?



Screen time

Wifi password? Restrictions?



Do's

Ways to comfort your child?



Don'ts

Going outside? Pets? Answering the phone?



Checking in

- please text me when or if: _____
- please call me when or if: _____

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